

# Horticulture 2022 Newsletter

No. 1 January 4, 2022

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**Video of the Week:** [Paperwhite Narcissus](#)

## ANNOUNCEMENTS

**This Month's K-State Garden Hour Webinar:** Vegetable Varieties for Bountiful Harvests  
Wednesday, January 5; Noon – 1:00pm CST

Presented by: Rebecca McMahan, Sedgwick County Horticulture Extension Agent

Join this free gardening webinar the first Wednesday of every month. Recordings are made available online, and a one-time registration is required participate in the live webinar series. To register, see upcoming webinars, and view previous webinars, visit:

<http://ksre-learn.com/KStateGardenHour>

## Horticulture 2021 Indexed

All of the articles published in Horticulture 2021 are now indexed according to subject, a very time consuming undertaking. One of our Johnson County Extension Master Gardeners, Carole Brandt, has completed this task for us the last 14 years. Carole has made all the articles hot-linked, thus making the index even more useful.

Many thanks to Carole in making these past articles much easier to find. You can access the list at <https://tinyurl.com/yfrcrp4f> (Ward Upham)

## NATIVE PLANTS

### Native Plant Publications



We have added a new section titled “Native Plants” to our “Publications” page at

<https://hnr.k-state.edu/extension/publications/> . It includes a publication from a collaboration among K-State Research and Extension - Douglas County (KSRE), the Grassland Heritage Foundation (GHF), and the Kansas Rural Center (KRC) titled “Planting Natives in Northeast Kansas. Also included is a publication from the Agronomy Department titled “Establishing and Managing Native Prairie Plants in

Small Areas.” A native plant list is also provided as well as a publication on developing a small Scale Monarch Butterfly Habitat from the Southwest Research and Extension Center. (Ward Upham)

## FLOWERS

### Forcing Paperwhite Bulbs



Photo Courtesy of Rebeah D. Wallace, University of Georgia

Paperwhites are a form of daffodil that do not require a chilling period in order to bloom. Therefore, they are very easy to force and bring in to flower. Following are the steps needed.

- Use a 3 to 4-inch decorative container that does not have drainage holes. It should be transparent enough that you can see the water level in relation to the bulbs.

- Place 1 to 2 inches of washed gravel, marbles, glass beads or stones in the bottom of the container. We will call the

material chosen as “media” for the remainder of the article.

- Place the bulbs on the media so that they are near one another. Add enough media to hold them in place.

- Add enough water that the bottom of the bulb is sitting in water. Do not submerge the bulb. Maintain the water at this level. It normally takes 4 to 8 weeks for the bulbs to bloom.

Unfortunately, paperwhites often become leggy and fall over. Growing in cooler temperatures (60 to 65 degrees) can help but there is another trick that can be useful and involves using a dilute solution of alcohol as suggest by Cornell University’s Flower Bulb Research Program. They suggest the following to obtain a plant that is 1/3 shorter than normal. Flower size and longevity are not affected.

- Grow the bulbs as described above until the shoot is green and about 1 to 2 inches above the top of the bulb.

- Pour off the water and replace it with a 4 to 6% alcohol solution.

- Use this solution instead of water for all future waterings.

There are two methods to add this solution. The first is to add the alcohol solution to what is already in the container. Add enough to bring it up to the proper level. The second will give shorter plants. In this second method, pour off all the old solution and replace it with the new each time additional solution is needed.

So, how do we make the alcohol solution? An easy way is to use rubbing alcohol. Rubbing alcohol is usually 70% alcohol and should be mixed with 1 part alcohol with 10 or 11 parts water.

Do not use beer or wine as the sugars present can interfere with normal growth.

The researchers were not sure why this worked but suggested the alcohol made it more difficult for the plants to take up water. This water stress stunted growth but did not affect the flowers. (Ward Upham)

## VEGETABLES

### Starting Onion Plants Indoors



It can be difficult to find specific onion varieties in sets or transplants, so growing from seed may be a preferred option. Onions are one of the first plants to be seeded for transplanting because this crop takes a significant amount of time (6 to 8 weeks) to reach transplant size and because they can be set out relatively early (late March in much of eastern and central Kansas). Therefore, we want to start onions in mid- to late-January. Onion seed should be placed  $\frac{1}{2}$  to  $\frac{3}{4}$  inch apart in a pot or flat filled with a seed starting mix.

Place the container in a warm (75 to 80 F) location until young seedlings emerge. Move to a cooler location (60 to 65 F) when the seedlings are 1 to 2 inches tall. Make sure they have plenty of light, using florescent or LED lights if needed. Start fertilizing when the seedlings reach 2 to 3 inches tall using a soluble fertilizer with each or every other watering.

Onion seedlings tend to be spindly with the remains of the seed sticking to the end of a leaf for several weeks. Encourage stockiness by trimming the ends of the leaves when the plants reach 4 to 5 inches tall. Start hardening off the onions in early March by moving the plants to a protected outdoor location. You may have to move them inside temporarily to protect them from extreme cold snaps. (Ward Upham)

### Starting Garden Transplants from Seed



January is often a cold and dreary month for many gardeners. However, planning for and starting vegetables and flower transplants from seed can make this a much more interesting time of year.

Following are the steps needed to be successful in seed starting.

*Purchase Recommended, Quality Seed:* Start by taking a look at our recommended varieties at <http://www.bookstore.ksre.ksu.edu/pubs/L41.pdf> . These plants have proven themselves across the state of Kansas and this is a good place to start when deciding what to plant. However, also talk to your neighbors, friends and your local garden center about what has worked well for them.

Obtain your seeds from a reputable source including garden centers and seed catalogs. If choosing seeds from a business that does not specialize in plants, pay special attention to the package date to make sure the seed was packaged for the current year. Though most seed remains viable for about 3 years, germination decreases as seed ages. Also, this allows you to

keep the seed for a longer period of time with an expectation of good germination. See the accompanying article on using old garden seed for more detailed information.

*Determine the Date to Seed:* There are two pieces of information that needs to be known in order to determine the date to seed transplants: the target date for transplanting outside and the number of weeks needed to grow the transplant. There is a companion article in this newsletter listing common plants and the number of weeks needed to grow a transplant.

The target date for transplanting the cool-season crops such as broccoli, cabbage, cauliflower and onions are the end of March to the beginning of April. Warm-season crops like tomatoes, peppers and most annual flowers are usually planted about May 10 in Manhattan. Northern Kansas may be a week or so later than Manhattan and southern Kansas a week or so earlier.

*Sowing Seed:* Do not use garden soil to germinate seed as it is too heavy and may contain disease organisms. Use a media made especially for seed germination.

*Keep Seed Moist:* Seed must be kept moist in order to germinate. Water often enough that the media never dries. Using a clear plastic wrap over the top of the container can reduce the amount of watering needed. Remove the wrap after the seedlings emerge.

*Light:* Most plants will germinate in either darkness or light but some require darkness (Centurea, Larkspur, Pansy, Portulaca, Phlox and Verbena) and others require light (Ageratum, Browallia, Begonia, Coleus, Geranium, Impatiens, Lettuce, Nicotiana, Petunia and Snapdragon).

All plants require adequate amounts of light once emergence occurs. South facing windows may not provide adequate amounts and so fluorescent or LED fixtures are often used. Suspend fluorescent lights 2 to 4 inches above the top of the plants. LED lights are much more variable. Use LED lights that are designed to grow plants and follow the manufacturers recommendations. Regardless of the type of light used, leave the lights on for 16 hours each day.

*Temperature:* The temperature best for germination is often higher than what we may find in our homes especially since evaporating moisture can cool the germination media. Moving the container closer to the ceiling (top of a refrigerator) can help but a heating mat is best for consistent germination. A companion article lists common plants and their optimum germination temperature. After plants have germinated, they can be grown at a cooler temperature (65 to 70 degrees during the day and 55 to 60 degrees at night). This will help prevent tall, spindly transplants.

*Plant Movement:* Plants react to movement. Brushing over the plants with your hand stimulates them to become stockier and less leggy. Try 20 brushing strokes per day. However, brushing will not compensate for lack of light or over-crowding. Plants grown under inadequate light will be spindly regardless of any other treatment.

*Hardening Transplants:* Plants grown inside will often undergo transplant shock if not hardened off. Plants are hardened off by moving them outside and exposing them to sun and wind before transplanting occurs. Start about two weeks before transplanting and gradually expose the plants to outside conditions. Increase the number of hours and degree of exposure over the two-week period. (Ward Upham)

## Using Old Garden Seed



Seed stores best if kept in a cold, dark, dry location. Most types of seed will remain viable for about 3 years under these conditions though there are exceptions. For example, members of the carrot family (carrots, parsnips and parsley) are short-lived and are usually good for only 1 to 2 years. If you are unsure of viability and have plenty of seed, there is an easy method of determining how good your seed is.

Place 10 seeds on a paper towel moistened with warm water and cover with a second moistened towel. Roll up the towels and place inside a plastic bag with enough holes for air exchange but not so many that the towels dry quickly. Place the bag in a warm place such as the top of a refrigerator. Remoisten towels with warm water as needed. After the first week, check for germination. Remove sprouted seed and check again after another week. Add these numbers together to determine the percent germination. (Ward Upham)

## Vegetables and Flowers Seeding Table



The following information was adapted from a North Carolina State Publication titled “Starting Plants from Seeds” which is no longer available.

<u>Plant</u>	<u>Planting Date*</u>	<u>Temperature**</u>
Ageratum	8	70
Alyssum	8	70
Aster	6	70
Balsam	6	70
Begonia	12 or more	70
Broccoli	8	70
Browallia	12 or more	70
Cabbage	8	70
Cauliflower	8	70

Celosia	8	70
Centuria	6	65
Coleus	8	65
Cosmos	4 or less	70
Cucumber	4 or less	85
Dahlia	8	70
Dianthus	10	70
Eggplant	8	70
Geranium	12 or more	70
Impatiens	10	70
Larkspur	12 or more	70
Lettuce	8	70
Marigold	6	70
Muskmelon	4 or less	85
Nicotiana	8	70
Pansy	12 or more	65
Pepper	8	80
Petunia	10	70
Phlox	8	65
Portulaca	10	70
Snapdragon	10	65
Squash	4 or less	85
Stock	10	70
Tomato	6	80
Verbena	10	65
Vinca	12 or more	70
Watermelon	4 or less	85
Zinnia	6	70

\* Number of weeks before transplanting to start seed.

\*\* Temperature in degree F

(Ward Upham)

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<http://hnr.k-state.edu/extension/info-center/newsletters/index.html>

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