

**For Immediate Release**

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**Food For Thought Film Series to be held at Olathe Campus**

The Urban Food Systems program at Kansas State University's Olathe campus is pleased to announce Food for Thought a FREE film series featuring food related documentaries from around the world. Each film screening will be followed by a panel of experts from academia, Extension, community members and our non-profit partners.

The first film in the series, "Food Matters," is at 6 p.m. Thursday, March 14. This film examines how the food we eat can help or hurt our health. Nutritionists, naturopaths, doctors, and journalists weigh in on topics organic food, food safety, raw foodism, and nutritional therapy. Our panelists include Crystal Futrell - Extension Agent at K-State Research and Extension in Johnson County, Dr. Lydia Kaume – Extension Nutrition Specialist at University of Missouri Extension in Jackson County, Dr. Alicia Johnson, ND – Naturopathic Doctor & Acupuncturist at Aspire Health KC and Dr. Leigh Wagner – Integrative and Functional Medicine Dietitian.

This series is a project of the M.S. in Horticulture with an Emphasis in Urban Food Systems program. This degree program focuses on how the urban food system impacts economic development and provides a source of nutritious, safe food grown locally/regionally. The specialization places an emphasis on sustainable agriculture, food systems project management, and safe food production in an urban environment.

Food for Thought will be held on the second Thursday of every month at K-State Olathe 22201 W. Innovation Drive Olathe, KS 66061. Each film will start at 6:00 pm with a panel discussion immediately following the film. For more information, please visit our website - [https://olathe.k-state.edu/community/events/food\\_for\\_thought\\_film\\_series](https://olathe.k-state.edu/community/events/food_for_thought_film_series).

Thank you to Balls Food Stores for supporting this event.

All donations will go towards the graduate students of the M.S. in Horticulture with a Specialization in Urban Food Systems including programming, tours, community workshops and more!

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